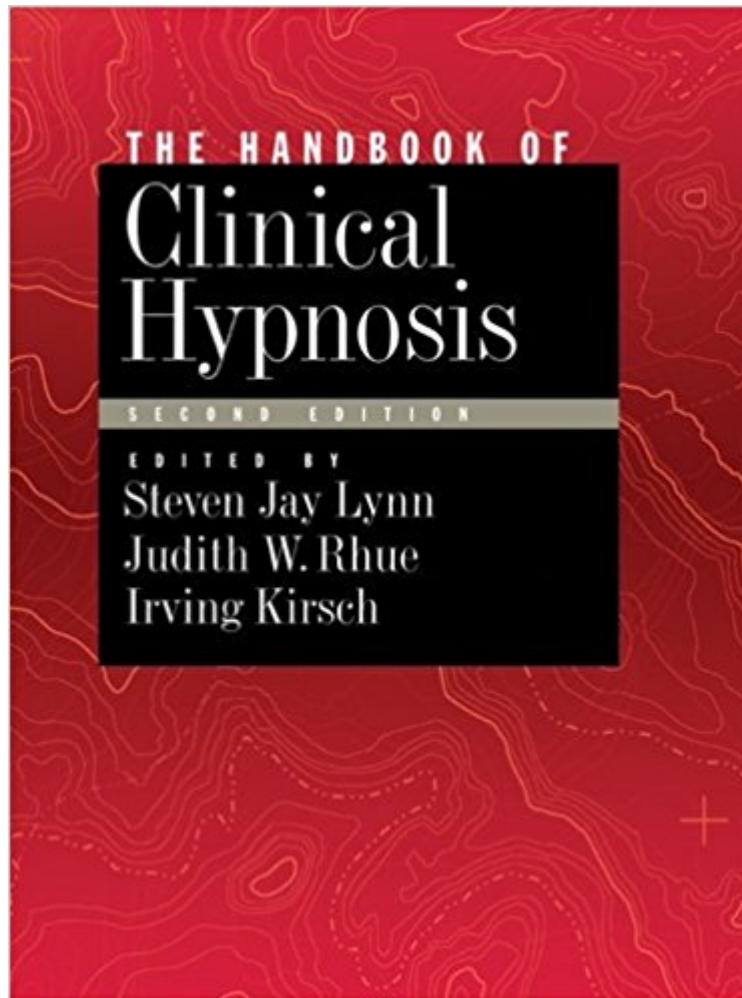




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# **Handbook Of Clinical Hypnosis**



## Synopsis

Brings together over 40 of the most important practitioners, clinicians and theorists in clinical hypnosis, who represent the range of orientations and applications in the field. In several chapters, these authors juxtapose theory and research with some of the best examples from clinical practice.

## Book Information

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Masterfully conceived, elegantly executed, this compendium with chapters written by unparalleled experts will ease you through the essentials of hypnosis and hypnotic practice into technical expertise. For the tyro, for the curious, for the veteran--principles and practice at their very best. --Jeffrey K. Zeig, PhD, Director, The Milton Erickson Foundation, Phoenix, AZ This authoritative, yet readable volume will be of tremendous value to researchers, clinicians, and educators. In 30 wide-ranging chapters, this handbook weaves together clinical applications, case material, and the latest in scientific evidence on virtually all facets of the use of hypnosis. If one owned just a single book on the topic, this superb second edition of the Handbook of Clinical Hypnosis would be the one to have! --Len Milling, PhD, Department of Psychology, University of Hartford, Hartford, CT This is a worthy successor to the first edition. As hypnosis, with the rest of psychotherapy, enters the era of mental-health parity, managed care, and evidence-based practice, it is important for clinicians to know what works and what doesn't, and what remains to be learned. This volume should be ready at the hand of every clinician who contemplates using hypnosis. --John F. Kihlstrom, PhD, Department of Psychology, University of California, Berkeley The contributors and the content of this

book give what is needed for an appreciation of the nature of hypnosis, an understanding of its integration into professional practice, and a presentation of many practical and evidence-based techniques. Both old hands and newcomers to hypnosis will benefit from this contemporary and engaging handbook. --Kevin M. McConkey, PhD, Professor of Psychology, The University of Newcastle, Callaghan, Australia

These contributors to this handbook offer a wide-ranging account of experiential, behavioral, and biological findings important in contemporary applications and conceptions of hypnosis. By covering a variety of approaches that jointly integrate hypnosis into mainstream psychology, this handbook, beyond addressing a great many specific problems, affirms and encourages a more inclusive view of human nature and the diverse ways humans are capable of experiencing, enjoying, and enduring the human condition. --Auke Tellegen, PhD, Department of Psychology, University of Minnesota, Minneapolis

Steven Jay Lynn is a distinguished professor of psychology (SUNY) and director of the Psychological Clinic at Binghamton University. He is the inaugural editor and editor of *Psychology of Consciousness: Theory, Research, and Practice* (APA), and he is the recipient of numerous professional awards, including the Chancellor's Award for Excellence in Scholarship and Creative Activities at the State University of New York. Dr. Lynn is a fellow of many professional organizations, including the American Psychological Association, the American Psychological Society, the American Association for Applied and Preventive Psychology, and the American Academy of Forensic Psychology. He has published over 300 articles and chapters on psychotherapy, hypnosis, memory, dissociative disorders, and trauma, and he has written or edited 20 books. The National Institute of Mental Health has supported his research.

Rhue is a Professor of Family Medicine at the Ohio University College of Osteopathic Medicine in addition to maintaining a private practice.

Kirsch is a Professor of Psychology at the University of Connecticut.

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